

Behavioral Health Resources

The following resources are not affiliated with St. Tammany Parish Public School System. The list is not meant to constitute a referral or recommendation of any specific program; nor should it be considered a complete or exhaustive list of the programs or providers in the area. For additional resources check with individual insurance providers, www.NAMISstammany.com www.vialink.org and www.psychologytoday.com

Assessments

(call ahead for most recent information)

FPHSA Mandeville Behavioral Health

Psychiatry, Medication Management
Individual/family therapy
First episode psychosis treatment
985-643-5746 Slidell
985-624-4450 Mandeville

St. Tammany Community Health

Slidell 985-607-0400
Lakeshore Counseling VOA
Mandeville 985-674-5475
Lifenet Psychiatry
Mandeville 985-246-1250

START Community Health

Covington 985-900-1626
Therapeutic Partners
Covington 985-327-5427

Counseling Services

Mandeville/Covington Area

Acadian Care

Mandeville and Slidell 985-781-7353
Psychiatry, Medication Management
Individual/family therapy

Counseling Solutions Catholic Charities

Mandeville 985-785-2113
Individual/family therapy

Center for ADHD

Mandeville and Slidell 985-649-6475
Ages 3 and up diagnostics
Psychiatry, Medication Management
Individual/family therapy

Dr. Brown & Stacey Boudoin, APRN

Dr. Gordon Blundell

Madisonville 985-845-8101
Psychiatry, Medication Management
Dr. Daphne Glindmeyer
Covington 985-327-7444
Psychiatry, Medication Management
Assessment

Dr. Cynthia D'Atrio

Covington 985-898-0582
Psychiatry, Medication Management

Dr. John Flatt

Covington 985-327-5880
Pediatric Neurologists
Psychiatry, Medication Management

Family Behavioral Health Center

Mandeville 985-246-2600
Psychiatry, Medication Management
Assessment, individual/family therapy
Melanie Stevens, LPC
Dr. Matthew Holcomb

START Community Health Center

Covington 985-900-1626
Psychiatry, Medication Management
Individual/family therapy
Ages 6 & up

Functional Therapy Services

Mandeville
Individual/family therapy
Terri Groves, LCSW
Adolescent, family
985-674-4020

Granberry Counseling Center

La. Baptist Children's
Covington Individual/family therapy
EMDR therapy 225 223-1497

Hallila Counseling & Consulting, LLC

Scott Hallila, LPC 504-235-3974
Individual/family therapy

Instar Counseling of the Northshore

Mandeville 985-705-7736
Individual/family therapy
Jessica Lee, April Montalbano, Emily
Madden, Shannon Klapatch-Francis,
Christine Howell

Lakeshore Counseling VOA

Mandeville 985-674-5475
Individual/family therapy
Amy Schmidt, Shelly Gomez, Kendrick
Hill, Mashezia Vincent

Louisiana Family Counseling

Covington 504-831-8475
Individual/family therapy
Ages 5 and up
Karen Kirk, LCSW

Leavell Counseling

Covington 985-351-0085
Individual/family therapy
Mary Emily Leavell, LPC

Lifenet Psychiatry

Mandeville 985-246-1250
Psychiatry, Medication Management
Individual/family therapy
Lindy Guidry, LPC Gerry Cabirac, LPC

Mercy Family Center

Mandeville 985-727-7993
Psychiatry, Medication Management
Individual/family therapy
Lisa Donze Jacob, LCSW

Northshore Counseling & Wellness

Mandeville 985-624-2942
Individual/family therapy/groups

Ochsner Psychiatry

Child and Adolescent Psychiatry
1-866-624-7637

Paragon Wellness

Covington 985-276-9816
Individual/group, fitness coaching
Ken Knight, LPC
Desislava Atlazora-Knight, LPC

Rich Resources, LLC

Mandeville 985-900-2550
Individual/family therapy
Samonica Brown, Jill Guss, Suzanne
Kelley, Adam Stefanias, Scott Hallila

The Giving Tree

Covington 985-796-2189
Play Therapy, individual/family
Elizabeth Esthay, Melissa Desforges

The Wellness Studio

Covington 985-276-4585
Individual/family therapy

Therapeutic Partners

Covington 985-327-5427
Psychiatry, Medication Management
Individual/family therapy
Trinity Community Support Services

Mandeville 985-674-5155
Psychiatry, Medication Management
Individual/family therapy

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Counseling Services

Slidell Area

Abundant Health

Psychiatry, Medication Management
Individual/family therapy
985-649-1001

Earth Angels Healing Clinic, LLC

Slidell 504-291-6704
Maggie Schuler, LCSW
Ages 12 and up

Enhanced Destiny

Psychiatry, Medication Management
Individual/family therapy
985-246-3194

Loving Hearts Social Services

Ages 4 and up
504-821-5220

Biltmore Health Services

Psychiatry, Medication Management
Individual/family therapy
985-707-1410

Brightside Social Services

Psychiatry, Medication Management
Individual/family therapy
888-417-5250

Milestone Counseling & Consulting

Individual/family therapy
Ages 7 and up 985-807-1399
Lisa Berkman, LPC

Boys Town St. Tammany

Psychiatry, Medication Management
Individual/family therapy 504-293-7900

Ekems Health Care

Ages 6 and up 504-248-1581
Psychiatry, Medication Management
Individual/family therapy

St. Tammany Community Health

Primary care, Psychiatry, Medication
Management Individual/family therapy
985-607-0400

Northshore Family Counseling

Individual/family/couple therapy
985-661-0560

Therapists

Mandeville/Covington Area

Beverly Connor, LCSW

Ages 6 and up 985-788-2259

Catherine Austin, PhD, LPC, LMFT

Play therapist 985-259-8230

Nicki Chapel, LPC

ages 10 and up 985-774-6131

Tammy Chaplain, LPC

504-723-9914

Elizabeth Esthay, LPC

985-273-5643

Teri Groves, LCSW, ACSW,BCD

Functional Therapy Services
985-674-4020

Donald Henry, LCSW 504-919-1038

Donna Hunstock, LPC 630-2400

Suzanne Kelley, LPC 986-264-2714

Kourtney Kentzel, LCSW 985-400-1460

Michele Mixon, LCSW 225-266-8122

Tom Nielson, LCSW 985-264-2127

Ali Nolan, LPC LMFT 985-373-6073

Brian Osborn, LCSW 985-373-4818

Randy Parent, LCSW, 985-231-8215

Julie Madere Shreve, LCSW

985-237-8385

Amy Schmidt, LCSW 504-430-0463

Julie Shartle, LCSW 985-792-2167

Ashley Wall, LPC Diabetes 869-9901

Adam Stefanias, LPC, 985-900-2550

Haley Strickland, LCSW 337-519-1323

Eating Disorders Preteen and Up

Therapists

Slidell Area

Anna Caruso, LCSW 985-727-0079

Alison Johnston, LCSW 985-727-0079

Lori Barthel, LPC 504-957-5566

Ali Nolan, LPC, LMFT 985-373-6073

Monique Stiegler, LCSW 985-640-4643

Virginia Wilson, LPC 985-503-0760

Dalmer Blanchard, PhD LCSW 12 and up 985-768-1817

Joan Scanlan, LCSW

Trauma 3 and up 985-710-7777

Nicki Hebert, LPC 985-290-1883

Mary Speed, PhD, LPC, LMFT

Ages 14 to 19 985-240-4164

Acute Inpatient

Children's Behavioral Health Center

New Orleans Ages 7-18

Admissions assessments 24/7

1-855-246-6521

Neuropsychology-Pediatric Psychology

The Autism Center 504-896-7200

Medical Psychology 504-896-7200

short term med mng. ADHD

first onset depression/anxiety

ages 5-17 Requires physician referral

Covington Behavioral Health Hospital

Admissions assessments 24/7

Ages 10-17

985-893-2970

Northlake Behavioral Health

Admissions assessments 24/7

Mandeville Ages 12-17 985-626-6300

River Oaks

Harahan 1-866-366-1740 Intake

Admissions assessments 24/7

Ages 12-18

Eating Disorder ages 18 and up

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Additional Resources

Childrens Advocacy Center Hope House Covington

985-892-3885

Child Abuse Prevention
Education, forensic interviews,
counseling

Louisiana Choices (CSoC)

Wrap Around Services
Psychiatry, Medication Management
Individual/family therapy
985-318-3242 or 985-415-0500

NAMI St. Tammany

Family/Peer Support and Education
Resources, Adult residential/day center

The Parenting Center

Parenting classes and groups
1505 N. Florida Street, Suite B
Covington 985-898-4435

Parent Child Interaction Training-PCIT

A combination of coaching, play and
behavioral therapy. Builds positive
parent child relationships while focusing
on decreasing challenging behaviors.

Therapeutic Partners ages 2 to 6

985-327-5427

Slidell Behavioral Health ages 3 to 5

985-646-6406

St. Tammany Outreach for the Prevention of Suicide (STOPS)

SOS (Survivors of Suicide) Support groups
985-237-5506 www.stops-la.com

Youth Service Bureau

Crossroads Delinquency Intervention
FINS Families In Need of Services
Covington 985-893-6113
Slidell 985-643-5746

FPHSA Mandeville Behavioral Health Clinic (Lurline)

First episode psychosis program
985-624-4450 Covington
Slidell 985-646-6406
Amanda.jones@fphsa.org

Applied Behavior Analysis

Northshore Autism Center

Chad Favre 985-231-7612

Spears Learning Center

985-871-0689

Northshore Families Helping Families

985-875-0511

Substance Abuse

YSB Options Program 985-893-6113
Al-Anon 1-888-425-2666
Help for families of alcoholics

Acer Slidell 985-690-6622 18 and over
Truth 180 Covington 985-809-9900
New Beginnings Hospital 12yrs older

888-706-1870 Opelousas
CADA Hospital 12yrs to 17yrs
318-226-2890 Shreveport

Crisis Counseling Lines

National Suicide Prevention Lifeline

1-800-273-8255

www.suicidepreventionlifeline.org

VIA Link Crisis 2-1-1

Text Line 504-777-3273

Boys Town National Hotline

1-800-448-3000 Text VOICE to 20121